

GOALIE CAMP 2017

TUNE-UP FOR TRYOUTS AND PLAY LIKE A PRO!

Join goalie coach Dave Caruso and his experienced staff for this fun and challenging 5 session goalie camp.



March 24-May 14, Fridays & Sundays
Group 1 Travel/AAA/AA/A (02-07) - \$235
Group 2 Fundamental Group (02-08) - \$205
SEE REVERSE SIDE FOR SCHEDULE

Camp emphasis is to help prepare goalies for tryouts and improve goalie's technical skills, mental skills, athletic skills and hockey sense.

- ★ **Goalie Skating Movements** (shuffles, t-pushes, c-cuts, edge work, balance, agility)
- ★ **Fundamental Saves with Rebound Control** (glove/blocker, stick usage, body and butterfly saves)
- ★ **On Ice and Full Recovery/Movement** (recovering to edges, butterfly slides, lateral adjustments and lateral release)
- ★ **Positioning** (angles, depth and being square)
- ★ **Game Situations** (save selections, behind the net plays, screen/traffic, deflections, breakaways and proper use of butterfly, RVH and VH saves)
- ★ **Puckhandling** (passing, distributing the puck)
- ★ **Off Ice Training** (proper warmup, eye/hand coordination, visualization and developing more athleticism)

About Coach Dave Caruso:

- ★ USA Hockey Goalie Development Coordinator - Mid Am District (2016-present)
- ★ Ohio AAA Blue Jackets Goalie Coach (2016-present)
- ★ Goalie Development Coach, New Jersey Devils (2012-2014)
- ★ 6-season professional career (2006-2012)
 - ☆ 52 AHL games
 - ☆ 186 ECHL games
- ★ 4 seasons at the Ohio State University (2002-2006)
 - ☆ 11 shutouts and a 2.07 goals-against avg.
 - ☆ Helped lead team to 3 NCAA Tournament berths and the 2004 CCHA Mason Cup



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For more information contact Rob Schriner (614) 791-9999 x125 or rschriner@thechiller.com

GOALIE CAMP 2017 SCHEDULE

Group 1 - Travel/AAA/AA/A (02-07)

Friday, 3/24/2017 - Easton

	Start	End
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On-Ice	7:20 PM	8:50 PM
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Off-Ice	8:50 PM	9:30 PM
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Sunday, 3/26/2017 - North

	Start	End
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Off-Ice	10:00 AM	10:40 AM
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On-Ice	10:40 AM	12:10 PM
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Friday, 3/31/2017 - Dublin

	Start	End
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On-Ice	7:20 PM	8:50 PM
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Off-Ice	8:50 PM	9:30 PM
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Sunday, 4/2/2017 - North

	Start	End
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Off-Ice	10:00 AM	10:40 AM
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On-Ice	10:40 AM	12:10 PM
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Friday, 4/14/2017 - Dublin

	Start	End
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On-Ice	7:20 PM	8:50 PM
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Off-Ice	8:50 PM	9:30 PM
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Group 2 - Fundamental (02-08)

Friday, 3/24/2017 - Easton

	Start	End
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Off-Ice	5:30 PM	6:10 PM
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On-Ice	6:10 PM	7:10 PM
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Sunday, 3/26/2017 - North

	Start	End
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On-Ice	12:20 PM	1:20 PM
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Off-Ice	1:20 PM	2:00 PM
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Friday, 3/31/2017 - Dublin

	Start	End
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Off-Ice	5:30 PM	6:10 PM
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On-Ice	6:10 PM	7:10 PM
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Sunday, 4/2/2017 - North

	Start	End
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On-Ice	12:20 PM	1:20 PM
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Off-Ice	1:20 AM	2:00 PM
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Friday, 4/14/2017 - Dublin

	Start	End
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Off-Ice	5:30 PM	6:10 PM
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On-Ice	6:10 PM	7:10 PM
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