

CHILLER SPRING GOALIE CLINICS

Head Instructor: Dave Caruso

Off-Ice Development Coach: Josh Lehman, collegiate strength coach

Dates (4-week sessions):

Tuesdays, April 3 - April 24 or Tuesdays, May 1 - May 22
(see back for detailed schedule/locations)

Price: \$270 for 4 weeks; \$500 for 8 weeks

Group 1 (8-12 years old)

6:00-7:30 pm On-Ice; 7:45-8:45pm Off-Ice

Group 2 (13-18 years old)

6:00-7:30 pm On-Ice; 7:45-8:45pm Off-Ice



Camp will focus on:

- ★ Goalie Skating Movements (shuffles, t-pushes, c-cuts, edge work, balance, agility)
- ★ Fundamental Saves with Rebound Control (glove/blocker, stick usage, body and butterfly saves)
- ★ On Ice and Full Recovery/Movement (recovering to edges, butterfly slides, lateral adjustments and lateral release)
- ★ Positioning (angles, depth and being square)
- ★ Game Situations (save selections, behind the net plays, screen/traffic, deflections, breakaways and proper use of butterfly, RVH and VH saves)
- ★ Puckhandling (passing, distributing the puck)
- ★ Off Ice Training (proper warmup, eye/hand coordination, visualization and developing more athleticism)

About Coach Caruso

- ★ Goalie Development Coordinator, USA Hockey - Mid Am District (2016 - current)
- ★ Goaltender Mentor Coach, IIHF (International Ice Hockey Federation) (2017 - current)
- ★ Goalie Development Coach, New Jersey Devils (2012-2014)
- ★ 6-season professional career (2006-2012)
 - ★ 238 professional games played
- ★ 4 seasons at the Ohio State University (2002-2006)
 - ★ 11 shutouts and a 2.07 goals-against average
 - ★ Helped lead team to 3 NCAA Tournament berths, 4 straight 20-win seasons and the 2004 CCHA Mason Cup



REGISTER ONLINE AT WWW.THECHILLER.COM/REGISTER

For more information contact Rob Schriener (614) 791-9999 x125 or rschriener@thechiller.com.

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Session 1	On-Ice	Off-Ice	Location
Tuesday 04/03/2018	6:00-7:30PM	7:45-8:45PM	Dublin
Tuesday 04/10/2018	6:00-7:30PM	7:45-8:45PM	North
Tuesday 04/17/2018	6:00-7:30PM	7:45-8:45PM	North
Tuesday 04/24/2018	6:00-7:30PM	7:45-8:45PM	North

Session 2	On-Ice	Off-Ice	Location
Tuesday 05/01/2018	6:00-7:30PM	7:45-8:45PM	Dublin
Tuesday 05/08/2018	6:00-7:30PM	7:45-8:45PM	Dublin
Tuesday 05/15/2018	6:00-7:30PM	7:45-8:45PM	Dublin
Tuesday 05/22/2018	6:00-7:30PM	7:45-8:45PM	Dublin