

# POST-HOLIDAY GOALIE CAMP with Coach Dave Caruso



## About Coach Dave Caruso:

- ★ Goalie Development Coach, New Jersey Devils (2012-2014)
- ★ 6-season professional career (2006-2012)
  - ☆ 52 AHL games
  - ☆ 186 ECHL games
- ★ 4 seasons at the Ohio State University (2002-2006)
  - ☆ 11 shutouts and a 2.07 goals-against avg.
  - ☆ Helped lead team to 3 NCAA Tournament berths and the 2004 CCHA Mason Cup

## Camp Focus Will Include:

- ★ Goalie Specific Movement (when and how to use t-pushes, shuffles, butterfly slides, c-cuts, lateral adjustments)
- ★ Proper Positioning and Depth Awareness (angles, square to puck, reading and reacting to game situations)
- ★ Proper Save Techniques and Execution (butterfly save, stick saves, body saves, glove and blocker saves)
- ★ Pro tips to help goalies  
STOP MORE PUCKS!

**Dec. 27 & 29, 2016 (Tues & Thurs)**

9:00am - 9:45 off-ice

9:45 - 11:15 am on-ice

11:15 - 12:00 pm off-ice

**Ages:** 8 and up - All levels welcome!

**Cost:** \$155

**FULL GEAR REQUIRED**

**Location:**

OhioHealth Chiller Dublin

7001 Dublin Park Drive

Dublin, OH 43016

**Off-ice will include video review, goalie specific dry land training (hand-eye coordination, quick feet drills, and conditioning).**



*Hockey for the Holidays*

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WWW.THECHILLER.COM/CAMPS**

For more information contact Rob Schriener (614) 791-9999 x125 or rschriener@thechiller.com