

2018 Summer Enrichment Series

May 29– August 10

This series of on-ice classes for figure skaters is designed to improve the skater's experience by providing well-rounded training in addition to regular practice and lessons.

DAY	CLASS	LOCATION*	TIME
MONDAYS	STROKING & ENDURANCE	See schedule	10:45-11:15A.M.
TUESDAYS	URNS & EDGES	See schedule	1:00-1:30P.M.
WEDNESDAYS	STROKING & ENDURANCE	See schedule	10:45– 11:15A.M.
	*** URNS, EDGES & MORE!		7:30-8:00P.M.
THURSDAYS	URNS & EDGES	See schedule	1:00-1:30 P.M.
FRIDAYS	PROGRAM PRACTICE	See schedule	10:15-11:15A.M.

*Schedule follows freestyle location



Register online at www.thechiller.com/freestyle

For more information contact:
dhughes@thechiller.com

Flexible Options

Choose the classes you want and pre-pay for the entire summer to guarantee your spot.
First come, first served. Space is limited !

-OR-

Walk-on

Students must show receipt to instructor to join class.

Fees include ice time and instruction.



Class Descriptions

Turns & Edges

Tuesdays & Thursdays 1:00-1:30 p.m. (follows freestyle location schedule)

Wednesday evenings 7:30-8:00p.m. at Chiller North

Twizzles, 3-turns, counters, rockers, brackets, loops and more! Improve control, edges, power, extension and quickness. Spins and an artistry will be incorporated into the curriculum.

This class is designed for skaters Basic 4 through Senior.

Groups will be sorted by moves level. Groups may be combined depending on enrollment.

Novice through Senior

Juvenile through Intermediate

Pre Pre through PreJuv

No Test

Class cost: **\$15 if registering ahead online**

\$18 Walk in

Stroking & Endurance

Mondays & Wednesdays 10:45-11:15a.m.(follows freestyle location schedule)

Open to competitive freestyle level skaters & above —Enhance skating speed, endurance & power through drills and high-energy stroking patterns. This is a fast paced class!

Class cost \$15 if registering ahead online

\$18 Walk in

Groups may be split depending on enrollment and level.

Program Practice

Fridays 10:15-11:15 a.m.(follows freestyle location schedule)

Perfect practice for competitive skaters

Skaters perform their program alone on the ice in a “no pressure” situation.

Limited to 13 skaters (*wait list skaters may be added depending on time*)

Skaters competing that week will be given priority

Each skater is guaranteed at least one run through

Coaching optional—if your coach wants to critique that is allowed,

However, coaches will not critique each other's students

***Fridays \$11 if registering ahead online**

\$15 Walk in

****Please check daily schedule for exception dates/location changes.***

Private lessons will not be permitted during Enrichment Class time

MASTER SCHEDULE OF CLASSES

Date	Location	Class	Time	
Tuesday 05/29/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 05/30/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Thursday 05/31/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 06/01/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 06/04/2018	Dublin 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 06/05/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 06/06/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 06/06/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 06/07/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 06/08/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 06/11/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 06/12/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 06/13/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 06/13/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 06/14/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 06/15/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 06/18/2018	Dublin 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 06/19/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 06/20/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Thursday 06/21/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 06/22/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 06/25/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 06/26/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 06/27/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 06/27/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 06/28/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 06/29/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 07/02/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 07/03/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Thursday 07/05/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 07/06/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 07/09/2018	Dublin 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 07/10/2018	North 2	Turns & Edges	1:00 PM	1:30 PM
Wednesday 07/11/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 07/11/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 07/12/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 07/13/2018	North 2	Program Practice	10:15 AM	11:15 AM
Monday 07/16/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 07/17/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 07/18/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 07/18/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 07/19/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 07/20/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 07/23/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 07/24/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 07/25/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Thursday 07/26/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 07/27/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 07/30/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 07/31/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 08/01/2018	Easton 1	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 08/01/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 08/02/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 08/03/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 08/06/2018	Dublin 2	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 08/07/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 08/08/2018	Dublin 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 08/08/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 08/09/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Monday 08/13/2018	Dublin 2	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 08/14/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 08/15/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 08/15/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 08/16/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 08/17/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 08/20/2018	Dublin 2	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 08/21/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 08/22/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 08/22/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 08/23/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 08/24/2018	Easton 1	Program Practice	10:15 AM	11:15 AM
Monday 08/27/2018	Dublin 2	Stroking & Endurance	10:45 AM	11:15 AM
Tuesday 08/28/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Wednesday 08/29/2018	North 2	Stroking & Endurance	10:45 AM	11:15 AM
Wednesday 08/29/2018	North 2	Turns, Edges & More!	7:30 PM	8:00 PM
Thursday 08/30/2018	Easton 1	Turns & Edges	1:00 PM	1:30 PM
Friday 08/31/2018	Easton 1	Program Practice	10:15 AM	11:15 AM

Summer Freestyle 2018 General Schedule

Mondays and Wednesdays

6-8AM General
8-9AM High
9:15-10AM General
10-10:45AM Low/Med
10:45-11 AM Enrichment Stroking & Endurance
1-2PM High
2-3PM General
3:15-5:45PM General

Tuesdays and Thursdays

6-8AM General
8-9AM High
9:15-10:15AM General
10:15-11:15AM High
1-1:30PM Enrichment Turns and Edges
1:30-2:30PM Low/Med
2:30-3PM General
3:15-5:45PM General

Fridays

6-8AM General
8-9AM High
9:15-10:15 AM Low/Medium
10:15-11:15AM Program Practice
1-3 General PM
3:30-5:45PM General

Guidelines for leveled sessions -

High:

Working on Senior Moves
Double Lutz with IJS protocol
Passed Intermediate FS test
Working on International Dances
Passed Adult Gold

Low/Medium:

Juvenile and below

Hockey lessons before 8:00 or after 3:00. No hockey skates between 8AM-3PM

- A SKATER MAY BE REMOVED FROM A SESSION IF BEHAVIOR IS UNACCEPTABLE OR UNSAFE.
- Stay out of jump corners & circles on lobby end! Do not "Linger" anywhere on the ice for extended periods.
- Show courtesy with music – take turns. Give the skater doing their program right of way. Wear the orange belt.
- Parents – please watch from the stands or lobby area – do not stand in ice doors.
- Respect ALL skaters, coaches, rink staff and patrons.
- Be welcoming & friendly to visiting skaters and coaches.

Any questions or concerns please contact Denise Hughes – Figure Skating Director dhughes@thechiller.com

**Always check
the daily rink
schedule for
Freestyle
session
locations and
exceptions!**

