Join in the fun!



Synchronized Team Skating combines elements of skating, footwork, dance and precision into an exciting on-ice performance. It is the team aspect that encourages camaraderie and long term participation in skating.

"Our daughter has always been very quiet and shy, and skating in front of a crowd seemed like an unbelievable goal for our 8-year-old! She has surpassed all of our expectations. When she skated in her first show, the smile on her face and her chin held high was an unbelievable sight!

Skating synchro has brought our daughter out of her shell!"

Try Synchro free day—March 11th See reverse side for details.

Exhibition teams perform locally and may participate in one local competition. Competitive teams compete and perform locally and also travel to nearby states during the season.

Weekly practices are held Sundays starting late afternoon and throughout the evening at Chiller Easton.

Practice times are divided up by team.

From November—April the teams typically have one competition or performance per month.

For Exhibition Teams—Payments are \$80 per month Sept thru April. This includes the cost of weekly practice ice, coaching, uniform and tights.

For Competitive Teams -Payments are a \$150 deposit at the beginning of the season and approximately \$140 per month Sept thru April—this includes the cost of weekly home practice ice and coaching, competition attire, competition entry fees.

Skaters are expected to practice individual skills on their own and continue to strengthen skating skills. The team counts on each and every member to give their very best.







Try Synchro Free Day Sunday, March 11th Chiller Easton 5:30p.m.*

An additional Try Synchro Free Day is scheduled for Aug 5th Tryouts will be held Aug.19th

Off-Ice Practice

5:30-6:00 For skaters with no prior synchro experience

learn warm up exercises, skating positions and holds.

On-Ice

6:15-6:45 New skaters—come join us on the ice! We will teach you

some synchronized moves and formations. *

Clinic Attire: Female skaters should wear appropriate skating clothes—no jeans, please. Long hair should be pulled back in a ponytail neatly away from face. No gloves, jewelry or shirts with a hood for safety reasons.

*Skaters should be able to skate on their own without assistance.

Recommended for Basic 3 and up.

RSVP & Questions contact: Denise Hughes at <u>dhughes@thechiller.com</u>